

**WASHINGTON STATE CHAPTER OF THE ASSOCIATION FOR THE TREATMENT
OF SEXUAL ABUSERS
GENERAL MEETING MINUTES
3.16.2018
12:00-2:00 P.M.**

Attendees

Pasha Grant; Rhiannon Brill; Priscilla Hannon; Daniel Yanisch; Holly Coryell; Linda Paxton; Jay Williamson; Michael O'Connell; Anna Gorman-Knutson

Presentation

- The meeting began with a review of the recently completed conference. There was a consensus that the sessions were well-received.
- Attendees were reminded of the WATSA Retreat, scheduled for 6/8- 6/10/18 at the Mountain View Lodge, Manson (Lake Chelan) WA. Although the Board is developing a list of topics and possible presenters, additional ideas are invited.
- The meeting next Friday with Ted Dale of DOH and the issue of recruiting new affiliate SOTPs was discussed. Priscilla Hannon, from Spokane, noted that for LRA clients, a lack of housing is as much of a critical problem as is the availability of treatment providers.
- There will be no April general meeting.
- Attendees were reminded about the upcoming Chaperone Training on 4/6/18 and the Static/Stable/Acute Training on 4/11-4/13/18.

Jay Williamson then made a presentation and led a discussion of various ways to engage clients in expanding their mindfulness skills. These were mostly exercises that did not involve meditative practice, but rather ways to have clients pay attention to their current situation in a mindful way. He gave several examples of methods and exercises, for individual and group settings.

(WATSA members receive 2 hours of continuing education credits for attending today's presentation; please retain a copy of these minutes as a record/proof of your attendance/CEUs).